

PHOTOS: HTCS



New technology helps beat joint problems

Here's a quiz: What part of your body starts to give way as soon as you reach the fifty mark (sometimes even earlier)? Easy enough to guess this one — the joints.

They begin to make horrid noises, start to ache and cause discomfort, pain and inconvenience. Knee cartilage degeneration comes as a part of the aging process but the rate and degree of deterioration is influenced by our lifestyle choices.

And if your joints have begun to creak and complain, here's good news for you. **Indian Spinal Injuries**

Centre (ISIC) is offering a complete spectrum of treatment for knee degeneration. The next option is to do partial joint replacement using computer navigation in which only the worn out part of joint is replaced. This conserves the healthy joints and all the ligaments, which ensures that a patient can do all the normal daily activities without any physical restriction. It is the most recent form of joint replacement.

If the whole joint is worn out, ISIC offers new, advanced

technology, Knee Replacements using Computer Navigation, which is a good surgical option to relieve pain and improve function in patients with knee osteoarthritis. It helps achieve a well-aligned prosthesis with well-balanced ligaments in order to minimise wear and improve implant survival. This technology, which is increasingly being used in the world over is now available at

Indian Spinal Injuries Center (ISIC), a hospital that has top of the line infrastructure with modular OTs and all latest equipments. Partial or total knee replacement using computer navigation technology is the most recent development in the field of minimally invasive knee-replacement.

Now you don't have to wait for the pain to progress, at ISIC they can help get your knees back on track. **HTC**

DISCLAIMER: The veracity of any health claim made in the above article is the responsibility of the concerned hospital/doctor.



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